

The Fear Free
Certified Professional

Pledge



beth arnold

With my signature, I pledge:



- 🐾 To hold each pet's emotional as well as physical wellbeing in mind at all times as I provide care for them, realizing that it's not possible to treat one without the other.
- 🐾 To learn to recognize even the subtle signs of fear, anxiety, and stress (FAS) in pets in my care.
- 🐾 To use the skills I learn in Fear Free courses, including considerate approach, gentle control, touch gradient, and others, to prevent FAS whenever possible.
- 🐾 To respond immediately to signs of FAS in a pet with the actions recommended in the Fear Free courses.
- 🐾 To continue to educate myself in Fear Free techniques and seek always to elevate my professional commitment to preventing and relieving FAS.
- 🐾 To actively read and remain current in research related to pets' emotional wellbeing, including its intimate relationship with physical wellbeing and the practice of great veterinary medicine.
- 🐾 To encourage my colleagues to adopt the Fear Free approach in order to relieve and prevent the suffering of all animals cared for by our profession.
- 🐾 To recognize that Fear Free is a whole-lifestyle approach to pet care and belongs in the home, the car, and places where pets receive professional services, such as when being groomed, boarded, or trained.
- 🐾 To provide my expertise and recommendations to pet owners and other pet professionals to enable them to prevent and relieve FAS in every moment of pets' lives, not only in the veterinary hospital. This includes recommending against methods that use fear or force to motivate the pets, such as prong/pinch collars, choke chains, or electronic shock collars.
- 🐾 To at all times be in full compliance with all applicable Federal, State, and local laws, regulations and directives of any nature relating to the housing, handling, transporting, nutrition, sanitation, and humane treatment of any and all animals owned or otherwise held and/or cared for.

Signed, 
Fear Free Certified Professional